

FOOD FOR LIFE

Uniting the World Through Pure Food

Food for Life Global is the headquarters for the world's largest plantbased food relief organization. Our affiliates have served more than 800 million meals worldwide since 1974 and currently serve over *1.5 million freshly cooked meals daily!* Our services include schools for the poorest children in India, free medical care, sanctuaries for cows, sustainable farming projects, orphanages, women empowerment programs, nutrition education, disaster relief, and a network of free food distribution projects in over 50 countries.

FOOD FOR LIFE GLOBAL AFFILIATE PROJECTS INCLUDE:



Emergency Relief



Schools for the poor



Mobile Services



Cow Protection



Medical Care



Orphanages

Visit: FFL.org



Sustainable Farming



Nutrition Education

YES, I would like to help!

Here is what you can do:

- Go now to our website and register as a volunteer: www.ffl.org
- Join our *Facebook* cause: apps.facebook.com/causes/ffl
- Tell your friends about Food for Life through *Twitter*
- Print this flyer and post it at your favorite cafe or yoga center
- Donate cash, cars, boats, bikes or real estate for a full tax deduction!

